JCC Kids Parent/Guardian Handbook 2021-2022

Important Contacts for JCC Kids:

- For questions about camp or to get a message to your child's counselor, contact:
 Tuxedo Smedley, Camp Director, at (828) 253-0701, ext. 107 or Daniel@JCC-Asheville.org,
- For further questions regarding payment, contact the accounting office at (828) 253-0701, ext. 104
 or Finance Director.

Registration/Enrollment/Billing Policies

Children participating in JCC Kids or Camp Ruach will be billed a \$50 membership fee annually upon the original enrollment date. A registration/materials fee of \$55 is due upon JCC Kids enrollment. This non-refundable fee covers special events and STEAM project supplies. Registration/materials fee will be billed annually upon the start of each new school year.

Tuition fees are based on your child's enrollment; actual attendance is not a factor and prorates do not apply for days missed. Monthly payments are due on the 1st of each month. In order to register for our programs, every family must have an account established in Daxko, our secure web-based system, with a valid credit card on file. Access to your account is available online 24/7 through our website, with registration features, statements, and payment options including automatic payment scheduling to credit cards or bank accounts. The JCC website address is www.icc-asheville.org, where there is a link to login to your Daxko account.

Tuition payments past due 30+ days will result in a 5% late fee assessed and possible interruption of your child's enrollment. Outstanding balances over 45 days will be charged to your credit card or referred for collection. Returned checks or credit card charge backs will be assessed a processing fee of \$25.00. Enrollments receiving child care subsidy tuition assistance will be billed the differential at a variable rate.

Rates and Fees are effective as of August 23, 2021.

Fees

A \$55 registration/materials fee is due upon registration. This fee is non-refundable and covers special events and STEAM project supplies.

Monthly Tuition Rate Plans

M-F \$385 per month (Full days included)

MWF \$260 (Full days not included)

T/TH: \$225 (Full days not included)

Full day drop in rate: \$70 (see JCC Kids 2021-2022 calendar for list of full day offerings)

Schedule Changes

All schedule changes (cancellations, adjustments, refund requests) must occur on the 15th of the month prior. If a family fails to give 2-weeks advance notice of withdrawal, refunds and schedule changes could be compromised.

Enrollment in JCC Kids

After payment and enrollment packet have been received, children are considered fully enrolled.

Drop-Off & Afternoon Pick-Up

JCC Kids begins when school dismisses
JCC Kids pick up will occur from 5:00pm-5:30pm

Drop-off will be in front of the JCC main building. A daily health screening and temperature check will be conducted prior to your child entering the building.

*Families who pick up their camper later than 5:30 pm will be billed and invoiced at a rate of \$1 per minute with a \$5 minimum on your Daxko account. If you know that you are running late please Contact Tuxedo as to when you will be arriving. If children are left unattended before program begins, dropped-off without being signed in properly, or left unclaimed without proper contact for longer than an hour after closing, we are required to contact DHHS.

Pick Up Policy

Afternoon pick-up procedure starting August 23, 2021:

- 1. Use your assigned key fob to enter the building between 5:00-5:30pm Monday through Friday
- 2. Pick up your child(ren) from their classroom, making sure you make contact with their group leader so they confirm that they are releasing the child to you
- 3. Sign your child out on the attendance sheet or iPad

Masks are REQUIRED for all adults and siblings over the age of 5 when indoors while early childhood and youth programs are in session. Please minimize your time in the building to 15 minutes or less.

Procedure for authorized pick-up persons who are NOT immediate caregivers in the household and have not been issued a key fob:

- 1. Ring the doorbell and the receptionist will answer
- 2. Receptionist will ask for ID and conduct health screening
- 3. Authorized (and masked) person will be allowed to enter and pick up the child from the classroom

Two key fobs will be assigned per the child's household for primary caregivers. (If your family structure includes a different number of primary caregivers in the household in which your child(ren) reside, we can accommodate, just email me.) In order to maintain our secure and controlled building access, we will not be issuing key fobs to extended family members, babysitters, etc. who do not reside in the household with the child. Key fobs will only be active between the hours of 5:00-5:30pm during program pick up window.

On the Safe Arrival & Departure and the Emergency Contact and Emergency Care forms in your child's enrollment packet, you must list all of the child's guardian contact information, emergency contacts and people who are authorized to pick up your child. Kids will only be released to an authorized adult. Please make sure that anyone picking your child up is prepared to show a photo ID, or you may provide us with their names and photos in advance.

If, for any reason, your child is to be picked up by someone other than those people listed on the form, you must provide advance notice via email. Email your permission in advance to Daniel@jcc-asheville.org. When sending a permission note, it must include the name of the person picking your child up, their phone number, and the date(s) that person is permitted to pick up your child. Please remind anyone who may be picking your child up to have their photo ID or provide us a photo of that person in the permission note. When the adult comes to pick up your child, they will be asked to check in at the font. If someone without a proper photo ID and prior authorization comes to pick-up your child or, we will refuse to release your child.

In order for us to legally stop a non-custodial parent from taking a child, a copy of a court order must be on file.

Counselors and Groups

JCC Kids is made up of **3 groups** separated by age and grade level.

Dimyon: Kindergarten and 1st graders

G'dila: 2nd and 3rd graders Yetzira: 4th and 5th graders

Groups have approximately 13-16 children. All group leaders have CPR/1st Aid certifications, Basic School Age Care certifications, and up numerous hours of additional training. These trainings cover group behavior management, leading fun activities, supporting and building friendships, teambuilding, logical behavioral consequences, Judaics and more.

Swimming

JCC Kids will swim as much as possible on full days and during scheduled camps. Participants will be given a swim test to determine their level of ability. This alerts all staff where your child may and may not swim and helps to keep our participants safe. Families will be notified prior to the swim day and will be asked to pack bathing suit, towel, and goggles if desired.

Judaic Content

Camp Ruach/JCC Kids is a Jewish day camp/program. As such, Jewish beliefs and customs are at the core of our camp program. As part of sharing Jewish tradition, we celebrate Shabbat every Friday. All of our Judaic content and activities are a source of great joy and pride in our community. We hope that all of the people, from diverse backgrounds, participating in our programs will gain an appreciation for the depth and beauty of our heritage and values.

Photographs

We may take photographs of your camper for Asheville JCC programs or event promotion-purposes. If you prefer that your child's image not be included in our promotional materials, please indicate that on

the **Camp Ruach/ JCC Kids Photo Release** (see enrollment packet). Please note, if your child does not have a signed photo release it will prevent us from sharing photos on our parent communication platforms as well.

Lost and Found

Lost and Found items are kept in a designated place. Items not collected by the end of each semester be donated. Youth Programs are not responsible for lost items.

Emergency Closings

The Asheville JCC will close in case of a weather or utility emergency. The Asheville JCC staff will do our best to alert parents via text message and email. If you are unsure, please call the Asheville JCC main number (828-253-0701). In the event that JCC Kids must be closed early, you will be notified by email or text. You or your emergency contact must arrive promptly to pick up your child. There are no refunds for days missed due to weather or other unforeseen emergencies such as COVID-19 related closure.

Health & Illness

In order to help us prevent the spread of illness among our staff and children, we ask that you please keep sick children at home. We are required to exclude sick children from our program based on NCDHHS and JCC guidelines.

- 1. **There is a fever of over 100 degrees**. If your child develops a fever, he/she/they must be fever free without fever medication, for at least 24 hours before returning to our program.
- 2. There is diarrhea or vomiting.
- 3. It's a contagious situation such as **strep throat, viral blisters (chicken pox), impetigo, conjunctivitis, or lice**. A child must be fully recovered for at least 24 hours before child returning to our care.

IN THE EVENT OF COVID-19 symptoms or other illnesses not mentioned, specific protocol will be followed

For COVID-19 specific health questions, please consult our website for the most up to date JCC policies and procedures: https://www.jcc-asheville.org/program-modifications/

Medication

Regarding medications please be aware that the state of North Carolina requires us to:

- Obtain a signed consent form to administer any over-the-counter, homeopathic or natural, or
 prescription medications. This form, due every 6 months, must specify dosage, times, and dates
 to be administered. Consent forms for prescription medications <u>must</u> have a physician's
 signature. Medication, and/or sunscreen should be submitted to the youth programs office.
- 2. Dispose of any medication that is left with us past the end date specified on the consent form. (We cannot keep medicine here without an up-to-date, signed consent.)
- 3. Dispense only medications that are in their <u>original</u>, <u>labeled containers</u>. We must therefore refuse any medication that is brought in any other container.

Please note: Sunscreen, hand sanitizer, bug repellent, cough drops, hand lotion, and Chapstick are <u>ALL</u> considered to be medications by North Carolina DHHS. We must obtain a separate permission

form, signed by the parents, in order to use these items on your children while they are in our care. Your child's counselor will be responsible for holding and administering the medication.

JCC Kids Immunization Policy

North Carolina General Statute 130A-152(a) requires immunizations for every child in this state. All children entering Camp Ruach/JCC Kids must have an immunization record on file prior to admission. We will accept the Child in Care Medical Statement signed and dated by the physician or a copy from the physician's office.

The immunization record must include:

- Name of child
- Name of parent/guardian
- Child's birth date
- Vaccine administration dates
- Date of issue
- Name and address of physician
- If applicable: physician-verified history of disease, laboratory evidence of immunity, or medical exemption.

Parents are required to provide updated immunization records each time their child receives a vaccination. Parents of children with missing or overdue vaccinations have 14 business days to submit an updated copy of their child's immunization record. Failure to comply within 14 business days of August 1st will result in the child being excluded from Camp Ruach/JCC Kids until the child is caught up.

Medical Exemption

Purpose:

- The Buncombe County Health Center, the American Academy of Pediatrics, the American
 Academy of Family Physicians, and the Centers for Disease Control and Prevention all strongly
 recommend that the vaccines be given according to recommendations. Vaccines are less
 effective when large numbers of parents opt out. The more who opt out, the less protected all
 children become.
- North Carolina Immunization Law (G.S. 130A-155 (c) requires all licensed child care facilities to submit an annual immunization report. The purpose of this report is to ensure that all children enrolled in the program are protected against vaccine preventable diseases and to determine the number of children who meet state immunization requirements.
- Camp Ruach/JCC Kids will maintain a current and complete list of children who are susceptible to vaccine preventable disease(s) so they may be rapidly identified in the event of an outbreak.

Susceptible Children are those that:

- Have not submitted an immunization record
- Have been granted a medical exemption
- Are "in process" of being immunized
- Have not received adequate or valid doses of the required vaccines
- Have not provided an "acceptable proof of immunity"

Effective Dates:

- All children who are susceptible to vaccine preventable disease(s) must be working towards immunizing their children on a standard schedule no later than August 2016.
- All children who are become enrolled in camp Ruach/JCC Kids from June 2016 on, must be immunized on a standard schedule.

If a licensed physician certifies in writing that the child has a health condition which is a valid contraindication to receiving a specific vaccine, then a permanent or temporary exemption may be granted. This statement must specify those immunizations which may be detrimental and the length of time they may be detrimental. In the event of an outbreak, medically exempt children will be excluded from care to avoid potential complications of the disease. The length of exclusion will depend upon the incubation period of the particular disease. The Department of Health will be consulted if an outbreak does occur.

Injuries

All staff members on duty with children have First Aid and CPR training. If your child has a minor injury (small cut, scrape, bruise, etc.) you will be notified with a written incident report upon pick up. For more serious injuries, including all head injuries, you will be contacted by phone in a timely manner. If an injury needing serious medical attention should occur, the staff will follow the medical emergency plan of the JCC, and will call you immediately. In an emergency situation, the staff will call emergency services. You or your emergency contact will then be contacted. After the EMTs arrive, the EMTs will determine what further actions should be taken. You will be responsible for any medical charges incurred on behalf of your child.

Responsibilities of Youth Programs, Parents, and Campers

Camp Ruach's/JCC Kids Responsibilities

- To provide a positive, safe, and enriching environment that meets the developmental needs of children, ensuring proper supervision of the children at all times.
- To provide caring staff who show genuine respect for children and families, and to provide positive role models.
- To keep parents informed about Youth Programs goings-on through regular emails, flyers, and personal communication.
- To keep track of and take care of your children to the best of our ability.
- To promptly notify parents about concerns regarding their child's health or behavior.
- To model healthy and appropriate behaviors, habits, and attitudes for staff, participants, and families.

Parent's Responsibilities

- To observe the rules and policies of the Asheville JCC and Camp Ruach/JCC Kids
- To share concerns with staff members about your child's behavior, and work with staff to find an agreeable solution.

- To keep your childs' files complete and up to date. It is your responsibility to inform us immediately
 of any changes in your information, including changes in contact information, approved pick-ups, or
 medical information. Email Youth Directors with any changes or additions at Daniel@Jcc-Asheville.org
- To inform us if someone else will be picking up your child, or if your child will be picked up early by emailing us at daniel@jcc-asheville.org
- To read this Parent Handbook.
- To read communications in a timely manner.
- To direct questions or concerns to the JCC staff listed in this handbook.
- To model healthy and appropriate behaviors, habits, and attitudes for staff, children, and families.
- To treat children, staff, and other parents with respect and dignity.

Participant's Responsibilities

- To observe the rules and policies of the Asheville JCC and Camp Ruach/JCC Kids
- To adhere to the Behavior Guidelines outlined in this handbook and explained in camper's group.
- To model healthy and appropriate behaviors, habits, and attitudes for other participants
- To treat all participants staff, and parents with respect and dignity.
- To participate and have LOTS of fun!

Behavior Guidelines

The JCC wants all of our children to have a great time when they participate in the Camp Ruach/JCC Kids program. We feel that it is our responsibility to engage the kids in fun and meaningful group activities that give them a sense of belonging and freedom of expression. We understand that praise and positive reinforcement are effective methods of behavior management. We also understand that we must act as role models for the children, consistently demonstrating kindness, good communication and respect. We will pay attention to their interests, set clear guidelines for them, and maintain consistency in our interactions with them.

We will make every effort to help participants understand acceptable and unacceptable behaviors. It is therefore important that children enrolled in our programs are able to follow behavior expectations, take direction, and fully participate in program activities.

Parents/Guardians are required to inform the Asheville JCC in writing of any special circumstances that may affect the child's ability to participate fully, and to stay within the guidelines of acceptable behavior. These special circumstances include behavioral problems, as well as any psychological, medical or physical conditions.

When needed, one-on-one counselors provided by parents/guardians, are welcome in our program to help assist a child with special needs to participate, and follow our behavior expectations. The Asheville JCC is not responsible for providing one-on-one care. Children enrolled in our programs must be capable of participating in a group care environment with a ratio of 2 staff to 15-20 children.

Behavior Expectations

- Children must cooperate with staff and follow directions.
- Children & families must respect other children, families, staff, JCC equipment and facilities, as well as outside properties visited.

- Children must stay with their designated group, adhering to our supervision requirements.
- Children must refrain from any behavior that threatens the physical or emotional safety or wellbeing of any staff person or child in our program, including themselves.

Behaviors that are unacceptable include, but are not limited to:

- Physical violence of any kind
- Bullying, use of foul, inappropriate, or explicit language
- Taking or defacing the property/ belongings of someone else, or the property/belongings of the JCC
- Gossiping, writing, or shouting mean/nasty things at/about someone
- Verbally or non-verbally threatening someone
- Running away from designated group areas

Discipline Policy

Step One

 Children who fail to meet the stated behavior expectations, or who participate in unacceptable behaviors as described above, will first be given a verbal warning by their counselor. At that time, staff will point out the unacceptable behavior, will discuss how this behavior affects others, and will offer alternative, positive behavioral actions for the child to use. Children will be guided in an ageappropriate manner.

Step Two

2. If a child continues to have difficulty with their behavior, the child's parent/guardian will be notified (verbally in person at pick-up, with an incident report, and/or a phone call during program hours). The child will be asked to take responsibility for the problematic behavior by describing the behavior to his or her parents/guardians. We ask that parents assist us in helping children to be accountable for their own behaviors. A child who admits to and takes responsibility for their mistakes is taking a step toward changing the behavior. We will determine consequences for the behavior that will be designed to help change the behavior while in our program.

Step Three

3. If the child's behavior continues to be disruptive or threatening, the child may be subject to suspension or expulsion. Parents/guardians will be called immediately and asked to pick up the child right away. Depending on the nature of the event, the child may be dismissed for the remainder of the day or suspended for more than one day. Our staff will work closely with parents to help a child succeed; however, it is ultimately the parents' responsibility to address any major difficulties that a child is having. If, after repeated interventions and attempts to help a child learn positive behaviors, the child remains unable to function in a group environment, that child may be asked to leave our program permanently.

We strive to make sure any consequences are logical in nature and serve to correct/teach about the behavior, and are not solely punitive. Some examples of logical consequences are as follows:

If the child intentionally disrupted or wasted group time, then they might lose an equal or proportionate amount of their own free time.

if a child refused to listen to the rules for an activity, then they might not be allowed to participate in said activity, or be made to right the rules down.

if they intentionally hurt someones feelings, then they might have to write that person an apology.

These steps serve as a guideline for handling inappropriate behaviors in our programs, and are not a guarantee or contract. Steps may be skipped or repeated as depending on the severity and scale of the behavior or patterns of behavior. Some behaviors that may lead to immediate dismissal, suspension, or expulsion from our program include:

- Bullying, fighting or other threatening, violent, or dangerous behavior
- Possession of a weapon of any kind
- Vandalism, theft, or destruction of property
- Extreme or Repeated patterns of misbehavior

Child Abuse

The Asheville JCC staff is legally required to report any instance of observed or suspected child abuse, or evidence of neglect.

Food and Snacks at JCC Kids

We encourage the children in our program to develop healthy eating habits and a healthy attitude toward food. JCC Kids will provide 1 snack with 2 components daily. Parents must provide a nutritious, meatless lunch on Full days.

North Carolina requires that we ensure all meals and snacks meet the state's nutritional guidelines. Please help us to comply, by providing at least one full serving of three (3) different food groups for lunch, and at least two (2) food groups for snacks. Food groups to choose from are: protein, starch, fruits, vegetables, and dairy. Please note that sweet treats (including gum and sugary or caffeinated drinks) should NOT be included in your child's snacks or lunches. Sweets may be served on a very limited basis, for special occasions and celebrations such as birthdays. If you are planning a special celebration for your child, please contact us prior to the event.

Kosher Rules

To maintain kosher rules in the Asheville JCC facility, we ask that you not send your child with any Meat or Shellfish. Traditional fish such as tuna and salmon are allowed.

Healthy Food Suggestions

Protein: Tofu, Soy Yogurt, Soy Cheese, Veggie "meats" (Morningstar Farms, Quorn, etc.), Soy Nut, Sesame Butter or Sun Butter(a peanut free alternative to peanut butter), Black Beans/Chick Peas, Tuna, Salmon

Dairy: Organic Yogurt, Milk, Cheese

Starch: Whole Wheat Bread, Graham Crackers, Pretzels, Breakfast Cereals, Bagel, Whole Wheat Pita, Goldfish Crackers, Tortillas.

Food Allergies

Food allergies can be life-threatening. A child with a peanut allergy can have a life-threatening reaction to eating nuts or touching a surface that had nuts on it. Please limit the use of nuts in lunches and snacks. If a child with a food allergy has been identified in your child's group you will be notified in regards to any potential food restrictions, policies, or procedures. If your child has a food allergy or other similarly serious allergy, please let us know about it and how sever/serious the allergy is before they attend program, so that we can be properly prepared.

Backpack Policy

In an effort to ensure the safety of all children, the Asheville JCC staff reserves the right to check any bag that is brought into our program.

Summary of NC Child Care Law and Rules

The following requirements apply to both centers and homes

Transportation

Child care centers or family child care homes providing transportation for children must meet all motor vehicle laws, including inspection, insurance, license, and restraint requirements. Children may never be left alone in a vehicle and child-staff ratio must be maintained.

Records

Centers and homes must keep accurate records such as children's attendance, immunizations, and emergency phone numbers. A record of monthly fire drills practiced with safe evacuation of children must also be maintained. A safe sleep policy must be developed and shared with parents if children younger than 12 months are in care.

<u>Discipline</u>

Each program must have a written policy on discipline, must discuss it with parents, and must give parents a copy when the child is enrolled. Changes in the discipline policy must be shared with parents in writing before going into effect. Corporal punishment (spanking, slapping, or other physical discipline) is prohibited in all centers and family child care homes. Religious-sponsored programs which notify the Division of Child Development and Early Education that corporal punishment is part of their religious training are exempt from that part of the law.

Parental Rights

- Parents have the right to enter a family child care home or center at any time while their child is present.
- Parents have the right to see the license displayed in a prominent place.
- Parents have the right to know how their child will be disciplined.

The laws and rules are developed to establish minimum requirements. Most parents would like more than minimum care. Child care resource and referral agencies can provide help in choosing quality care. Check the telephone directory or talk with a child care provider to see if there is a child care resource and referral agency in your community. For more information visit the Resources in Child Care website at: www.ncchildcare.nc.gov. For more information on the law and rules, contact the Division of Child Development and Early Education at 919-527-6500 or 1-800-859-0829 (In State Only), or visit our homepage at: ncchildcare.nc.gov.

Reviewing Files

A public file is maintained in the Division's main office in Raleigh for every center or family child care home. These files can be

- viewed during business hours;
- requested via the Division's web site at www.ncchildcare.nc.gov; or
- requested by contacting the Division at 1-800-859-0829.

How to Report a Problem

North Carolina law requires staff from the Division of Child Development and Early Education to investigate a licensed family child care home or child care center when there has been a complaint. Child care providers who violate the law or rules may be fined up to \$1,000 and may have their licenses suspended or revoked. If you believe that a child care provider fails to meet the requirements described in this pamphlet, or if you have questions, please call the Division of Child Development and Early Education at 919-527-6500 or 1-800-859-0829.

Child Abuse or Neglect

Abuse occurs when a parent or caregiver injures or allows another to injure a child physically or emotionally. Abuse may also occur when a parent or caregiver puts a child at risk of serious injury or allows another to put a child at risk of serious injury. Neglect occurs when a child does not receive proper care supervision, discipline, or when a child is abandoned. North Carolina law requires any person who suspects child abuse or neglect to report the case to the county department of social services. In addition, any person can call the Division of Child Development and Early Education at 919-527-6500 or 1-800-859-0829 and make a report of suspected child abuse or neglect in a child care operation. Reports can be made anonymously. A person cannot be held liable for a report made in good faith. The operator of the program must notify parents of children currently enrolled in writing of the substantiation of any abuse/neglect complaint or the issuance of any administrative action against the child care facility.



Summary of the North Carolina Child Care Law and Rules

Division of Child Development and Early Education

North Carolina Department of Health and Human Services 820 South Boylan Avenue Raleigh, NC 27603

Revised December 2014

The North Carolina Department of Health and Human Services does not discriminate on the basis of race, color, national origin, sex, religion, age or disability in employment or provision of services.

What Is Child Care?

The law defines child care as:

- three or more children under 13 years of age
- receiving care from a non-relative
- on a regular basis at least once a week
- for more than four hours per day but less than

The North Carolina Department of Health and Human Services is responsible for regulating child care. This is done through the Division of Child Development and Early Education. The purpose of regulation is to protect the well-being of children while they are away from their parents. The law defining child care is in the North Carolina General Statutes, Article 7, Chapter 110.

The North Carolina Child Care Commission is responsible for adopting rules to carry out the law. Some counties and cities in North Carolina also have local zoning requirements for child care programs.

Star Rated Licenses

Centers and homes that are meeting the minimum licensing requirements will receive a one star license. Programs that choose to voluntarily meet higher standards can apply for a two through five star license. The number of stars a program earns is based upon the education levels their staff meet and the program standards met by the program.

<u>Family Child Care Homes</u>
A family child care home is licensed to care for five or fewer preschool age children, including their own preschool children, and can include three additional school-age children. The provider's own school-age children are not counted. Family child care homes will be visited at least annually to make sure they are following the law and to receive technical assistance from child care consultants. Licenses are issued to family child care home providers who meet the following requirements

- Home providers must be 21 years old with at least a high school education or its equivalent, and mentally and emotionally capable of caring for children.
- He or she must undergo a criminal records background check initially, and every three years thereafter
- All household members over age 15 must also undergo a criminal records background check initially, and every three years thereafter.
- All family child care home providers must have current certification in CPR and first aid and complete an ITS-SIDS training (if caring for infants

0 -12 months) every three years. They also must complete a minimum number of training hours annually.

All family child care homes must meet basic health and safety standards. Providers must maintain verification of children's immunization and health status. They must provide developmentally appropriate toys and activities as well as nutritious meals and snacks for the children in care. All children must participate in outdoor play at least one hour per daily, if weather conditions permit.

Child Care Centers

Licensing as a center is required when six or more preschool children are cared for in a residence or when three or more children are in care in a building other than a residence. Religious-sponsored programs are exempt from some of the regulations described below if they choose to meet the standards of the Notice of Compliance rather than the Star Rated License. Programs that operate for less than four consecutive months, such as summer camps, are exempt from licensing. Child care centers may voluntarily meet higher standards and receive a license with a higher rating. Centers will be visited at least annually to make sure they are following the law and to receive technical assistance from child care consultants.

Licensed centers must meet requirements in the following areas.

Staff

The administrator of a child care center must be at least 21, and have at least a North Carolina Early Childhood Administration Credential or its equivalent. Lead teachers in a child care center must be at least 18 and have at least a North Carolina Early Childhood Credential or its equivalent. If administrators and lead teachers do not meet this requirement, they must begin credential coursework within six months of being hired. Staff younger than 18 years of age must work under the direct supervision of staff 21 years of age or older. All staff must complete a minimum number of training hours including ITS-SIDS training for any caregiver that works with infants 12 months of age or younger. At least one person on the premises must have CPR and First Aid training. All staff must also undergo a criminal records background check initially, and every three years thereafter.

Ratios

Ratios are the number of staff required to supervise a certain number of children. Group size is the maximum number of children in one group. Ratios and group sizes for licensure are shown below and must be posted in

Age	Teacher : Child Ratio	Maximum Group Size
0-12 months	1:5	10
12-24 months	1:6	12
2 years old	1:10	20
3 years old	1:15	25
4 years old	1:20	25
School- age	1:25	25

Small centers in a residence that are licensed for six to twelve children may keep up to three additional school-age children, depending on the ages of the other children in care. When the group has children of different ages, staff-child ratios and group size must be met for the youngest child in the group.

Space and Equipment

To meet licensing requirements, there must be at least 25 square feet per child indoors and 75 square feet per child outdoors. Outdoor play space must be fenced. Indoor equipment must be clean, safe, well maintained, and developmentally appropriate. Outdoor equipment and furnishings must be child size, sturdy, and free of hazards that could injure children.

Curriculum

Four and five star programs must use an approved curriculum in their four-year-old classrooms. Other programs may choose to use an approved curriculum to get a quality point for the star-rated license. Child care programs choose the type of curriculum appropriate for the ages of the children enrolled. Activity plans must be available to parents and must show a balance of active and quiet, and indoor and outdoor activities. Rooms must be arranged to encourage children to explore, use materials on their own and have choices.

Health and Safety

Children must be immunized on schedule. Each licensed center must ensure the health and safety of children by sanitizing areas and equipment used by children. Meals and snacks must be nutritious, and children must have portions large enough to satisfy their hunger. Food must be offered at least once every four hours. Local health, building, and fire inspectors visit licensed centers to make sure standards are met. All children must be allowed to play outdoors each day (weather permitting) for at least an hour a day for preschool children and at least thirty minutes a day for children under two. They must have space and time provided for rest.

Swimming, Transportation, & Chugim (choice) Activities Release, Indemnification

of all Claims and Covenant Not to Sue

STATE OF NORTH CAROLINA
ASSUMPTION OF RISK AND RELEASE OF LIABILITY
COUNTY OF BUNCOMBE
'Camper or Child'

In exchange for participation of my child ("Camper") in the "Summer Day Camp Program" ("Program") located at Jewish Community Center of Asheville ("Camp") owned and operated by Jewish Community Center of Asheville, Inc. ("JCC"), a North Carolina corporation, the undersigned parent or legal guardian ("Legal Representative") of Camper agrees to the following on behalf of and for the benefit of the Camper:

- 1. Program Rules and Protocols; Follow Directions. Legal Representative acknowledges that he or she has read and understands the Program Rules and Protocols ("Rules") attached hereto as Exhibit "A". Legal Representative will go over the Rules with the Camper to encourage understanding and compliance therewith. Legal Representative understands that the Rules may change from time to time at the JCC's sole discretion and any changes shall be posted in Camp facilities and on the Camp website. Legal Representative further agree to encourage Camper to comply with any other posted rules and/or signs and follow any oral instructions or directions given by JCC, its employees, agents, and/or independent contractors.
- 2. Assumption of Risk . Legal Representative acknowledges and understands that participation by Camper in the Program and the use of Camp facilities may involve certain risks of personal injury(ies), illness, permanent disability, and/or death ("Risks"). These Risks include, but are not limited to: exposure to and/or infection with Covid-19 and/or other viruses and/or bacterial infection; participation in recreational activities, including but not limited to sports, outdoor activities, swimming, archery, crafting, hiking, climbing; contact with wild life and/or domesticated animals; exposure to inclement weather, and changing and/or harsh temperatures; exposure to allergens; exposure to open fires; limited or inaccessible medical facilities. Legal Representative assumes the Risks on behalf of Camper, both known and unknown, of participating in the Program and using the Camp facilities. These Risks cannot totally be eliminated without destroying the necessary features and unique character of the Program and the Camp facilities. Regarding Covid-19, Legal Representative understands that even if the Camp follows all guidelines for the prevention and handling of Covid-19, there is still a Risk that Camper could contract the disease. 3. Release from Liability. On behalf of Camper, Legal Representative agrees to waive,

discharge claims, and release the JCC, its directors, employees, agents, and independent

contractors from any and all liability relating to the Risks resulting from Camper's participation in the Program and/or use of Camp facilities. In addition, the JCC shall have the benefit of any future liability immunity or protection related to the Covid-19 pandemic which applies to organizations or businesses passed by any governmental entity to which JCC is subject.

4. Indemnification . Legal Representative agrees to indemnify and defend the JCC against all claims, causes of action, damages, judgments, costs, and/or expenses, including attorneys' fees and other litigation costs, which may arise from Camper's participation in

the Program and/or use of the Camp facilities.

- 5. Applicable Law. This Assumption of Risk and Release of Liability shall be governed and construed by the laws of the State of North Carolina. Any action related to this Assumption of Risk and Release of Liability shall be commenced and prosecuted exclusively in the courts of Buncombe County, North Carolina.
- 6. Attorney Fee Provision . In any action related to this Assumption of Risk and Release of Liability, the prevailing party shall recover attorneys' fees from the non-prevailing party, as well as other expenses related thereto.
- 7. Severability . The invalidity or unenforceability of any provision of this Assumption of Risk and Release of Liability, whether standing alone or as applied to a particular provision or circumstance, shall not affect the validity or enforceability of any other provision herein or other applications, as the case may be.
- 8. Binding on Successors. The provisions of this Assumption of Risk and Release of Liability are binding upon Legal Representative, Camper, and their heirs, executors, administrators, assigns, or successors-in-interest.

 LEGAL REPRESENTATIVE HAS READ THIS DOCUMENT IN ITS ENTIRETY, AND

 FREELY AND VOLUNTARILY ASSUMES THE RISKS SET FORTH HEREIN. KNOWING

 THE RISKS, LEGAL REPRESENTATIVE WISHES FOR CAMPER TO PARTICIPATE IN

THE PROGRAM AND USE THE CAMP FACILITIES ON THE TERMS SET FORTH ABOVE.